

5 CHRISTIAN MANIFESTING MISTAKES

BY CHRISTINA M WEBER, MS

So what the heck is “manifesting”?

I didn't have a clue either....until about six years ago when I ventured out of my therapy office into the world of coaching.

Coaching is about getting results. And “manifesting” has taken the secular coaching world by storm. It has created such a stir because it works!

Manifesting is based on the principle that we use such a limited amount of our capacities as human beings. Manifesting is simply a process for bringing a thought into reality.

Because of a turn of events in my life, regular goal setting no longer cut it. I needed something magical to fix my situation. That's how “manifesting” got my attention.

I saw what a powerful tool it was! I started applying the principles and began to get equally amazing results in my own life.

But I noticed there was no one doing “Christian manifesting”. There was a void. With a couple of decades as a faith-based marriage and family therapist, integrating spirituality in the transformational work I did with clients was as natural as breathing.



I couldn't imagine creating life-changing change through manifesting without the Holy Spirit being the center of the process.

My enthusiasm for manifesting when at my public speaking engagements, at networking events, and in my work with my clients was contagious.

People were tripping over themselves to come talk with me to learn more about manifesting.

While manifesting is a powerful tool for change, it also can backfire. Here are five manifesting mistakes I alert Christians to avoid, so they don't end up with unintended negative consequences:

1 THEY THINK MANIFESTING IS WOO-WOO

It's prudent to hesitate with anything that seems New Age. But manifesting is actually mentioned in the Bible 38 times. The Incarnation is a manifestation. The Resurrection is a manifestation. The office I am sitting in and the computer I am using right now are manifestations, too. They are all things that started as an idea and became a reality.

2 THEY DON'T UNDERSTAND IT

Manifesting is based in science. It operates in alignment with how our brains and our emotions work. While the results can feel

magical, manifesting simply works with our minds, bodies, and souls the way they are designed.

3 THEY DABBLE IN IT

I've encountered people who have also seen the fantastic reviews on manifesting and have tried to implement it with mixed success. Manifesting is very techniquey.

There are principles that must be followed for it to work. Knowing and applying just a little about manifesting can leave you discouraged or even manifesting things you actually don't want in your life.

4 THEY GO AT IT ALONE

Even when people understand how to manifest correctly, when they go at it alone or with a mentor who doesn't understand manifesting they can still have outcomes they don't want. This is because people can't see their own blindspots. Belief is critical for successful manifesting. People often don't realize how much they are doubting or have other unhelpful thought or behavior patterns when they are attempting to manifest. Doubt neutralizes manifesting. When people go at it alone, they often are unaware of their unintentional sabotage of the results.

5 THEY DON'T USE IT

A Christian who isn't working on being his or her best self is not taking the talents and life God has given them seriously.

Every person is created with a specific mission critical to God's saving plan. When you don't understand your mission and don't use all the tools available to help you achieve it, your mission just doesn't get done. And there is an eternal cost of that.

No one else was given the special job that you were given. Trying to tackle that job without taking advantage of all the tools available to you is like trying to feed yourself without arms.

I'm such a believer in manifesting and in the important and unique role that each of us has as individual human beings. This has inspired me to teach Christian leaders how to become master manifestors.

So, I am so excited to host my first annual Manifesting Mixer to do just that! We will have a live event in Wichita, Kansas on Friday, January 5, 2018 from 6-9pm and a virtual event on Saturday, January 6 from 2-5pm.

For more details and to register go to manifestingmixer.com

